

DAILY JOURNAL EXERCISE

Read this list of a selection of God's attributes as revealed in Scripture. As you do, invite your Heavenly Father to renew your image of Him.

What is your Heavenly Father like?

He is patient: His anger lasts only a moment, but His favor lasts a lifetime. (Psalm 30:5a)

He is compassionate, slow to anger, and abounding in love and faithfulness. (Exodus 34:6)

He is joyful, kind, gentle and humble.

(Nehemiah 8:10, Matthew 11:29, Romans 2:4, 2 Corinthians 10:1, Galatians 5:22-23)

He is the giver of good gifts. (James 1:17, Psalms 84:11)

He is the same yesterday and today and forever. (Hebrews 13:8)

He is good. (Psalm 100:5)

He is holy. (1 Samuel 2:2, Joshua 24:19)

He is the source of hope. (Jeremiah 29:11)

He is the source of peace. (John 14:27)

He is caring. (1 Peter 5:7)

He is trusting. (Ephesians 2:10)

He gives rest. (Matthew 11:28)

He is near to all who call on Him. (Psalm 145:18)

He is the one who is close to the brokenhearted. (Psalm 34:18)

He is our protector. (Psalm 32:7)

He is our fortress, help and hiding place. (2 Samuel 22:2; Psalm 40:17; Psalm 32:7)

He is righteous and just. (Psalm 89:14, Psalm 111:7)

He is the everlasting King! (Jeremiah 10:10)

Which of God's attributes resonates with you as true to God's character?

Which ones are more difficult for you to believe?

Ask God why that might be. Invite Him to change your view of Him in these areas.
